



SD 51 GRADUATION TRANSITION PLAN

Planning For Your Future.



Transition Plan

Your transition plan is an **exploration** and **documentation** of your plans beyond your life as a secondary student. Consider the following questions:

- What are you planning to do? Work/employment, skills upgrading, post-secondary education, training, etc.
- Where will you pursue your plan? Are you staying in Grand Forks? Are you moving to another community?
- Why have you decided on that particular route? What interests, aptitudes, skills led you to this decision?
- How will you fulfill your plan? Finances, support systems, etc.

How is it Going to Work?: From Planning 10 to Graduation

Start in Planning 10

- Some of what you do in Planning 10 will get you started in this process
- Keep all assignments and activities from Planning 10
- It is up to you to get organized

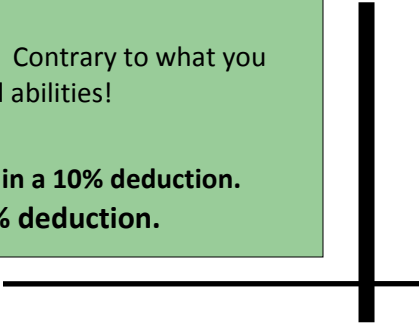
Grade 11 will be a great time to add to your Transition Plan

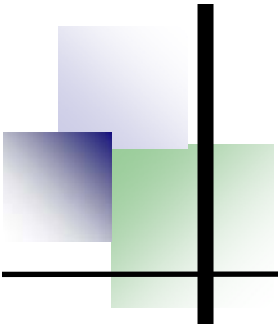
- No matter what subject, keep any work you are proud of
- If you see any interesting materials about careers or activities you enjoy, hang on to them! They will most likely prove useful later
- Think about the activities and subjects you enjoy – is there a possible career choice for you?

Put It All Together in Grade 12

- Make a plan for the first year out of High School
- Think about where you want to be in 10 years
- Figure out where your choices will take you
- As you grow throughout life, you will keep adding to your Plan. Contrary to what you may believe, you will NEVER be done developing your skills and abilities!

PLEASE NOTE:

- **Handing –in your Transition Plan past the due date will result in a 10% deduction.**
 - **Missing your assigned interview time will also result in a 10% deduction.**
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Goal Setting: Where Am I Going?

Short Term Goals less than 2 years

- ◆ **Consider:**
 - Workforce
 - Post-secondary education or training
 - Skills upgrading
 - Travel
 - Other

- **Notes:**

Long Term Goals more than 2 years

- ◆ **Consider:**
 - Eventual career choices
 - Financial goals
 - Key life experiences
 - Other

- **Notes:**

Short Term Goals

- *List your goals and suggest a timeline.*

Goal: _____

Date: _____

Goal: _____

Date: _____

Goal: _____

Date: _____

Long Term Goals

- *List your goals and suggest a timeline.*

Goal: _____

Date: _____

Goal: _____

Date: _____

Goal: _____

Date: _____



Goal Setting: Where Am I Going?

Goal Challenges and Available Resources

- List potential challenges you may face in the achievement of your goals?

- How might you overcome these challenges?

- List examples of resources that you can use in pursuing your goals





Personality: It's All About You!

- The following activities will help you explore how your long term goals fit you.

Skills

- List 2 skills you have that support your goals

1. _____ 2. _____

- Where did you acquire these skills?

- How do these skills support your goals?

Interests

- Select **one** of your long term goals and explain why you want to reach this goal.

- List your areas of interest (i.e. sports, hobbies, activities, clubs...)

- Describe an area of interest about which you are passionate and explain why.



Personality: It's All About You!

Strengths

You may be:

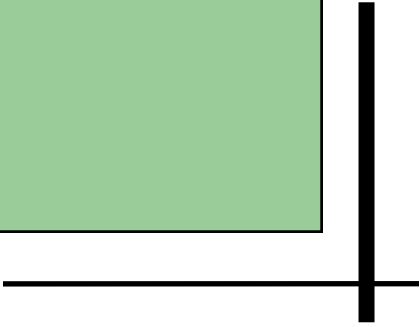
- very physically co-ordinated
- appreciate colour, shapes and art in general and have a room full of visual attractions
- a good musician or just love listening to music
- skilled at solving problems and puzzles
- especially good at working with people and have lots of friends
- skilled or interested in literature and languages
- someone who loves the outdoors and appreciate nature
- able to understand yourself, your capabilities and emotions and to set personal goals

You may have several of the above strengths. Complete the following Strengths Checklist to see where your strengths lie.

- ***I have body or kinesthetic strengths if I:***

- like to play sports
- am very co-ordinated
- learn a new sport or dance step easily
- like to play video games
- use my hands when I am talking
- like fixing things
- find myself moving a lot or find it hard to sit still

- ***I have language or verbal strengths if I:***

- like to read
 - like to write in a journal, stories, poetry or other writings
 - like word puzzles or games
 - learn the words to songs I hear
 - like to listen to stories or plays
 - like to listen to jokes or comedians
 - like to talk
- 



Personality: It's All About You!

- ***I have visual strengths if I:***

- like watching the images in music videos, movies or ads
- like to doodle or draw
- like to see how websites and programs on the computer look
- can use maps, graphs and charts easily
- like to plan how to decorate a room or put together fashion looks
- like photographs or taking photographs
- like colour


- ***I have logic strengths if I:***

- like math
- like to figure out how things work
- like to solve puzzles
- like to organize things
- like games that require strategy
- like to use computers
- likes science courses

- ***I have music strengths if I:***

- like listening to music
- like playing a musical instrument or singing
- find myself humming
- like to listen to music when I study
- notice sounds all around me
- remember melodies and notice if something doesn't sound right
- keep rhythm or the beat when I listen to music

- ***I have people strengths if I:***

- help friends with problems or talk about my problems
 - would rather be with people than alone
 - like team sports
 - like being with a group or even a crowd of people
 - have lots of friends
 - get along with people easily
 - likes watching people
- 



Career Goals: What Will You Do?

• The following activities will help you explore several career options

• **Begin with a quick quiz to find what careers you might be interested in:**

1. Go to the http://www.jobfutures.ca/pls/jf-ea/dpt.page_one
2. Answer all 24 of the questions.
3. Copy the careers into the list below

Top Careers

1 _____

11 _____

2 _____

12 _____

3 _____

13 _____

4 _____

14 _____

5 _____

15 _____

6 _____

16 _____

7 _____

17 _____

8 _____

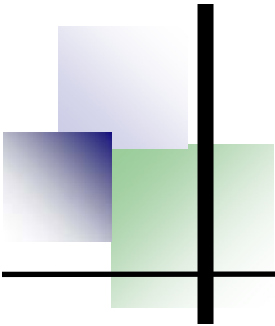
18 _____

9 _____

19 _____

10 _____

20 _____



Career Goals: What Will You Do?

- Now gather information about *TWO* education, career, or work options you have considered for your future and complete the following:

Career Choice #1 _____

- What education, training, and/or experience is required to achieve this career?

- Name an institution or facility that provides this training? (This may be on the jobsite or at an institution)

• Name of facility _____

• Location _____

• Name of the program _____

• Application deadline _____

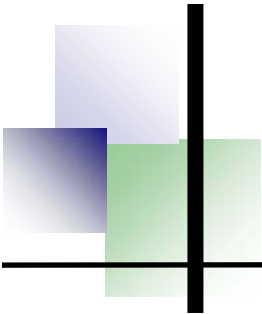
• Length of the program _____

• Cost of the program
(tuition, books, fees etc) _____

• Entrance Requirements
(grades, high school courses,
skills, experiences etc.) _____

- What credential(s) will you attain from this institution/program or training experience?

- Why did you decide on this facility/institution?



Career Goals: What Will You Do?

Career Choice #2 _____

- What education, training, and/or experience is required to achieve this career?

- Name an institution or facility that provides this training? (This may be on the jobsite or at an institution)

• Name of facility _____

• Location _____

• Name of the program _____

• Application deadline _____

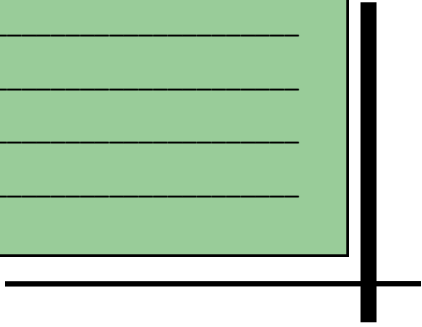
• Length of the program _____

• Cost of the program _____
(tuition, books, fees etc)

• Entrance Requirements _____
(grades, high school courses,
skills, experiences etc.)

- What credential(s) will you attain from this institution/program or training experience?

- Why did you decide on this facility/institution?





Financial Planning: Financing Your Future.

- The following activity will help you create a budget for your first year out of high school, or your 2-4 years in college/university, if that is your choice.
- Some research will be necessary in terms of determining cost of housing, etc. for the area

Budget Creation:

1. Go to the website:
<http://tools.canlearn.ca/cslgs-scpsc/cln-cln/40/fp-pf/fp-pf.clindex.do?langcanlearn=en>
2. Complete **Step 1 (The Education Cost Calculator)**. There are multiple pages to work through, just click “Go” when you have filled in the information for each webpage.
3. When Step 1 is completed, click the button labeled “Download Page.”
This will generate an Excel spreadsheet of your estimated post-secondary costs.
4. Print the spreadsheet and attach it to your transition plan.
5. Go to the website:
http://www.aved.gov.bc.ca/studentaidbc/apply/documents/budget_worksheet.pdf
6. Print out the PDF document.
7. Complete the form and attach to your Transition Plan.
8. List the name and amount of one scholarship or bursary, from either G.F.S.S. or your post-secondary school of choice, for which you are eligible:
9. Go to the website:
<http://www.aved.gov.bc.ca/studentaidbc/>
10. List the seven **Basic Eligibility Requirements** for students loans in British Columbia.



Exit Interview: The Final Step.

Exit Interview Documentation

As part of your transition plan, you will be required to present the following four pieces of documentation:

- An up-to-date resume
- A cover letter you have created
- A completed employment application
- A completed post-secondary application

In addition to the above documents you may also present any of the following:

Reference letter

Certificates (Young Drivers, First Aid, Food Safe, Work Safe, etc.)

Awards (Honour Roll, Merit Roll, Individual Achievement Awards, etc.)

