

Perley News



PRIMARY LUNCH CHANGE

We are going to change our lunch schedule for our Primary Classes. A number of parents have asked us to consider allowing our primary students to go outside immediately at 11:30 and play for 30 minutes then return inside at 12:00 and eat their lunch from 12:00 - 12:18 when the bell rings. Many lunch boxes were being brought home at the end of the day with very little eaten. We will try this lunch schedule until the Christmas Break and then evaluate how it is going. Thanks for your support and please contact the school if you have any questions or concerns.

REMINDER
 School closed on Wednesday,
 November 11th
 School open on Friday,
 November 13th

PIZZA DAY - Friday, November 13th

Important Dates	
Nov 10 th	Remembrance Day assembly @ 10:45 in the gym
Nov 11 th	Remembrance Day - no school
Nov 13 th	Friday - school in session
Nov 13 th	Pizza Day
Nov 17 th	Cultural Performance - "Kutapira" - 9:30am
Dec 9 th	Christmas Concert
Dec 15 th	PAC Bonfire
Dec 17 th	Last Day of School before Christmas Break
Jan 4 th	Schools re-open

Remembrance Day Assembly

Perley School will have a special Remembrance Day assembly on Tuesday, November 10th at 10:45 am in the gymnasium. All parents are invited to attend.

Fat Cat Savings will be on Thursday, Nov 12th due to the holiday on Wednesday.

Lice Checks

We have had a few cases of lice in the past few weeks, so we are asking parents to please make sure you check your children's hair on a weekly basis to prevent the spread of lice. Head lice is common in school-aged children and spreads easily to others.

H1N1 - see information on other side of Newsletter.

PERLEY SPORTS

SOCCER - both our grade 4/5 and 6/7 Soccer teams had very successful seasons! We would like to thank all the parents that supported our teams this year. Special thanks goes out to Mr. Nordman and Mrs. McKinlay for coaching the Grade 6/7 team and Mrs. Garrison for coaching the Grade 4/5 Team.

VOLLEYBALL: Volleyball has begun at Perley. We have had an enthusiastic sign up for both the 4/5 and 6/7 teams. See coach contacts and practice times below.

Grade 6/7 - Mrs. Sebastian - Monday @ 3:30-4:30
 - Wednesday @ 11:40-12:15

Grade 4/5 - Mr. Argue - Tuesday @ 11:40-12:15
 - Thursday @ 11:40-12:15

The following information was recently received from Public Health:

What if I get H1N1???

- H1N1 influenza is the dominant circulating flu in our community at this time so, if you've been sick with "the flu" this fall, it was likely H1N1.
- Most people with H1N1 flu have experienced only mild to moderate illness.

Then, WHY all the hype?

- The "pandemic" term refers to HOW and WHERE the virus spread (world-wide) rather than how dangerous the virus is.
- People who are higher risk of complications and hospitalization is different than most flu seasons.
- It is always recommended that people protect themselves with (1) a flu shot (this year there are two: H1N1 and the seasonal flu), (2) washing their hands often, (3) coughing and sneezing into their sleeve, (4) staying home and take care of themselves when sick.

There are so many stories and e-mails out there. How do I know WHAT TO BELIEVE?

- GO TO REPUTABLE SOURCES SUCH AS:

www.interiorhealth.ca

www.immunizebc.ca

HealthLinkBC dial 8-1-1